

# How can I keep crimes from happening to me when I go out into the community?

## Safety Tips

1. Try to walk with a friend. Try not to go out at night alone. If you do go out at night carry a flashlight.
2. Try not to go to places that you do not know very well. Stay alert of your area at all times.
3. Do not walk on empty streets, empty lots, construction sites, or buildings that are not in use, dark places, or near alleys. Walk in busy, well-lit streets. Avoid short cuts!
4. Do not get into a car with a stranger.
5. Make sure to walk confidently. Keep your head up & look around.
6. Always look around you and behind you to make sure that no one is following you.
7. Leave valuable things at home. Do not take a lot of money with you when you go out, but make sure that you have at least enough for a taxi or bus.
8. Carry a whistle or something else that can make a very loud noise. This way, if you feel like you are in danger, you can get help. Carry a personal alarm.
9. If you feel like you are in danger, scream “fire!”, make a loud noise, use your whistle, and run towards bright lights and people. Try to get into a store that is open.
10. Be aware! Wearing headphones connected to your music device or cell phone can distract you and make you target for danger.