

## What is CA-LEND?

CA-LEND is one of 47 Interdisciplinary Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Training Programs throughout the United States.

The CA-LEND Training Program prepares professionals for leadership roles in health and related professions that care for infants, children and adolescents with, or at risk for, neurodevelopmental and related disabilities.

Among other activities, CA-LEND fellows participate in clinical training. Parent IEP Coaching is one of the CA-LEND training clinics.

## Is IEP coaching the same as using an Advocate?

### **No:**

*Advocates represent you and your child at a meeting.*

*Our goal is to help you learn the skills so that you can represent your child's needs.*

*Advocates help resolve disputes*

*IEP Coaching tries to prevent disputes by teaching parents how to participate in developing good IEP goals.*

For more information or to schedule an appointment:

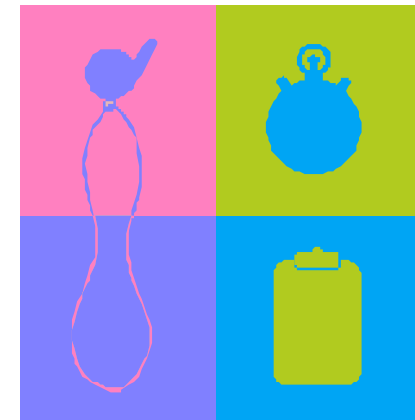
**323 361-3831**

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CA-LEND

## IEP Coaching Service Parent Training in IEP Navigation

*Helping Parents Understand  
Their Children's Assessments*



Tel: 323 361-3831

## What is the IEP Coaching Service?

**Good IEPs depend on good assessment information that is understood by everyone on the IEP team.**

Parents who don't understand their child's assessment results may find it hard to feel comfortable joining in writing IEP goals.

IEP Coaching Services can help with this.

### **IEP Coaching Service:**

- Helps parents identify their concerns about their child's IEP
- Reviews educational assessments and IEPs
- Checks to see if IEP goals are based on assessment results
- Identifies if the child needs other assessments
- Explains assessment results and recommendations so that parents feel they understand them and can use the information
- Helps parents plan the steps needed to develop an IEP that is based on assessment results

## Why is this important?

Children need good goals to make progress in school. Special education services have to match the child's needs. When this doesn't happen the child doesn't make progress and everyone feels frustrated. The IEP Coaching Service helps parents find the right goals and services to meet their child's needs.

### **These are long-term skills:**

- Parents will be able to use them at all future IEP and service planning meeting.
- Parents will become *IEP literate*.
- Parents will understand the range of service/program options.

## When should parents use the IEP Coaching Service?

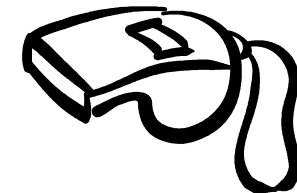
- Preparing for a child's first IEP;
- When a child is moving from Early Start to school;
- When a child is not meeting his/her IEP goals;
- Anytime parents feel they don't have the knowledge or skills to participate in the IEP process.

## Who are the IEP Coaches?

Sonia K. Aller, Ph.D., CCC

Fran Goldfarb, MA, MCHES, CPSP

CA –LEND Fellows



## IEP Coaching Service

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