



## Whom Do I Contact

If you would like

more information about the Early Childhood Mental Health Program, please call Nancy Ezra, Ph.D., at (323) 361-2350.

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childrens hospital

Los Angeles

USC University Center for Excellence in

Developmental Disabilities

# The EARLY CHILDHOOD MENTAL HEALTH Program



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## Here are some common concerns of parents who get help for their children from the Early Childhood Mental Health team:

- Has a hard time sitting still or listening
- Cries or tantrums often
- Clings or has difficulty separating
- Is difficult to comfort or dislikes being held
- Shows little interest in other children or toys
- Has trouble playing with other children
- Frequently complains of aches and pains
- Does not use as much language as other children
- Has a hard time settling for sleep
- Seems to take longer to learn new things than other children
- Hits, bites or grabs toys

## What does the Early Childhood Mental Health Program offer?

The Early Childhood Mental Health Program is part of the USC University Center for Excellence at Childrens Hospital Los Angeles. We are an interdisciplinary team of specialists in early childhood development and mental health.

Families are critical partners in all the services we provide, including:

- Developmental evaluations for babies and young children
- Developmental guidance
- Child and family therapy
- Parenting classes and parent support
- Home visiting services
- Linking to Community Resources
- Collaboration with your child's health care professionals
- Consultation to schools and teachers

## Who qualifies for the Program?

We accept MediCal, CalWorks, and families without insurance. We work with children ages birth to 5 and their families.

