

Screening Follow-Up Study Information and Consent Sheet

Title: Parental Perception of Emotional Wellbeing Screening in the postnatal period at ALTAMED

Purpose: We know that many new mothers feel tired and overwhelmed in the immediate period after deliver. These emotions cause feelings of helplessness, anxiety and sadness. These feelings are natural and very common affecting as many as 40,000 women a year. We know that these feelings do not change how much you love and care for your baby but they sometimes make it hard.

We are trying to create a system here at ALTAMED whereby we identify and help you deal with these feelings. It is our hope that we reach all mothers in need so that the mother-child bond is strengthened.

As a result we have studying how mothers feel about screening for emotional wellbeing during their child's health visit. If you agree to take part, you will be asked to complete a survey. This survey can be completed while you wait to see the doctor. If English is not your primary language, we have the survey also available in Spanish.

The survey:

1. Has 13 questions
2. It should take about 5 - 10 minutes to complete
3. There is also room for you to write in additional information for some of the questions
4. Please try and complete as much of the survey as you can
5. No information that could identify you or your child will be collected

Benefits: By participating in this study information obtained will be used to improve patient care (children and their parents) here at ALTAMED

Risks: Taking part in this study will not impact the care that your child receives here ALTAMED

Confidentiality: All information collected during the course of this study will be kept confidential to the extent permitted by law. You will not be identified in the research records. When the results of this research are published or discussed in conferences, no information will be included that would reveal your identity.

Voluntary Participation/Withdrawal: Taking part in this study is voluntary. You have the right to choose not to take part. If you decide to take part in the study but during the course of filling out the survey, feel that you want to withdraw, you are free to withdraw from the study. Your incomplete survey will be discarded in regulation with HIPAA. Your decisions will not change any present or future relationship with ALTAMED or its affiliates, or other services you are entitled to receive.

The primary investigators (PI) may stop your participation in this study without your consent. The PI will make the decision and let you know if it is not possible for you to continue. The decision that is made is to protect your health and safety.

Consent to Participate in a Research Study: Completion of the questionnaire implies consent to participate in this study. If you choose to take part in this study you may withdraw at any time by not filling out the survey. You will be given a copy of this information sheet.

INTRODUCTION

“Hello, my name is (GIVE NAME AND POSITION) and I am part of a research study following up on mothers who were screened for Post-Partum Depression at a previous visit to ALTAMED.”

“We are hoping to gather information on that screening process i.e. what are YOUR opinions on certain aspects of the screening process. So I have here with me a survey consisting of (# OF QUESTIONS) simple questions. If you could please take the time to fill out the survey, you would provide us valuable information.”

IF responder asks: "How long will this take?"

Explain: "The questions should take about 5-10 minutes to answer."

IF NEEDED: "The information gathered through this survey will be used to improve the care provided in the ALTAMED clinic”

IF NEEDED: "The information you provide will be held in strict confidence. Participation is voluntary."

IF NEEDED: “Any personal information such as your name, age, address and other identifiers will be held in strict confidence.”

For Staff completion: Practice Site: _____ Code: _____

SURVEY OF POSTPARTUM DEPRESSION SCREENING AT ALTAMED

Please circle the appropriate response.

1. Did your child's doctor ask how you were feeling emotionally since having the baby?

Yes No

2. If yes, did he/she ask if you were feeling down or depressed?

Yes No

3. If no, would it have been helpful for him/her to ask?

Yes No

Why? (Please comment): _____

4. Did the doctor talk to you about what the "Baby Blues" or "Postpartum Depression" is?

Yes No

5. Were you offered help for how you were feeling?

Yes No

If yes, please explain: _____

If no, would it have been helpful? Please explain: _____

6. How comfortable would you be / were you being asked these questions?

- a. Very comfortable
- b. Neither comfortable nor uncomfortable
- c. Very uncomfortable

7. Do you agree that your child's doctor should ask questions about how you are feeling such as feeling depressed or sad?

- a. Disagree
- b. Neutral / mixed feeling
- c. Agree

Please explain: _____

8. Were you referred to the Social worker at ALTAMED?

Yes No

9. If you needed mental health services, were you able to connect with a provider?

Yes No

10. If yes, how easy was it to connect with a mental health provider?

- a. Easy
- b. Somewhat Easy
- c. Somewhat Difficult
- d. Difficult

11. If no, what prevented you from connecting with a mental health provider?

Please explain: _____

12. What is your racial/ethnic background?

White African American/Black Hispanic/Latino Asian
Mixed Other

13. What other questions would you have liked to be asked? Please comment:
